

Spring Newsletter

MARCH 2021

No transfer of COVID-19 in any dental setting reported – worldwide!



During the pandemic Lars, Anna and the Team have continued to keep on top of their online Continuing Professional Development learning. Lars and Anna have attended many webinars, forums and online training platforms and were particularly keen to hear reported during one session; **“that so far there has been no documented transfer of COVID-19 in any dental setting, worldwide”**. This shouldn't really come as a surprise as dental practices already have procedures in place to limit cross-infection and with additional measures taken, it isn't unsurprising that the dental environment has not contributed in any way to the transfer of COVID-19. The practice will continue to adhere to any recommendations during the coming months and build on the already tireless efforts of all the team here at the practice to reduce the risk of transmission.

Vaccine News

We were delighted to hear that dental professionals, including their teams, have been recognised as frontline healthcare workers and have been given priority in receiving the vaccine. The orthodontic team here at the practice has been very fortunate and have all received their first dose of the vaccine with just one exception due to medical reasons.



Also, Anna Dent our Orthodontic Therapist, took part in the Novavax Vaccine Trials and Diane Stevens, Dental Hygienist, who also works at the practice, has received her vaccine and has in fact volunteered to administer the vaccine having passed all necessary tests to do so. Well done Di!



01865 514253



National Smile Month

17 May to 17 June 2021

Harmful effects of Sugar

I think we are all well aware of the detrimental effects sugar has on our teeth and the benefits of limiting intake, and it's particularly important if embarking on a course of orthodontic treatment. Sugar and braces aren't a good combo, but there are other risks that sugar brings that may come as a bit of a surprise...



Sugar contributes to;

- Anxiety
- Depression
- Hyperactivity

Sugar increases;

- Risk of blood clots
- Strokes
- Fatty deposits in the liver

Sugar causes;

- Diabetes
- Weight gain
- Kidney damage
- Headaches and migraines
- Tooth decay

BOS

BRITISH ORTHODONTIC SOCIETY

Hold that Smile

“Retainers are just as important as the braces that have straightened your teeth. Make sure you wear them as advised by your orthodontist otherwise you may find your teeth moving back. You will usually continue to see your orthodontist for up to 14 months after you finish treatment. You must remember to bring your retainers to every appointment so they can be checked. This ensures you can enjoy your new smile long into the future”

We are now offering you to have some of your retainer checks as telephone/virtual appointments. Please ask our Receptionists if you prefer this option.

Staff Software Training

4 & 5 March



Not swimming with Dolphins sadly, but a virtual training session which all staff took part in with our colleagues in the States on 4 & 5 March. Our practice software continues to be updated with many enhancements and staff enjoyed hearing all about the new features so that we can improve patient experience even more!



We miss your enigmatic smiles!

Why not schedule a consultation with Lars, our Specialist Orthodontist, so that we can help you create your beautiful smile.

Adult consultation—£150.00

Child consultation—£110.00

Jenny & Catherine look forward to taking your call. Tel: 01865 514253

Staff News!

We were thrilled to hear that Jeet, our Lead Dental Nurse, is expecting her first baby in July! Many congratulations to Jeet and her husband from all the Team and we wish her well as she departs to go on maternity leave soon.

We look forward to welcoming Georgia to the Team to work alongside Lucy who has also joined us since the first lockdown. A very warm welcome to you both.

Rubbish in/Rubbish Out...

One thing brought home to us during our software training recently was “rubbish in/rubbish out” ie, if the data we have on file is flawed, it will only produce flawed results. Please keep us up-to-date with any changes in your contact details so that our database is always accurate ensuring correspondence, retainers etc do not go astray in the post. This also includes email addresses and phone numbers.

Likewise, any changes in your medical history, do let us know, we're here to help!

Thank you.

Jenny & Catherine
Reception

